

## Registration Fee Calculation

Once you have reviewed the brochure on the following two pages of this file, calculate your conference fee. See examples below.

Click on Register on the Upcoming Events page to enter the online store. Select 25<sup>th</sup> Annual Conference window.

After you have selected type of payment, please enter the name of each person as well the day(s) and the meals (lunch or dinner) requested in the "comments" block of the payment gateway. After receipt, we will verify that your payment is correct.

Examples for the “comments” block of the payment gateway (L for lunch; D for dinner):

one , Sat, L	\$36.50	
one weekend, 2L	\$68.00	
one weekend, 2L, 2D	\$94.00	
two Sun, 2L	\$73.00	Mary Smith; Bill Jones
two Sat, 2L, 2D	\$99.00	Mary Smith; Bill Jones
two weekend, 4L, 2D (Sat)	\$162.00	Mary Smith; Bill Jones
two weekend, 4L, 4D	\$188.00	Mary Smith; Bill Jones

## Some Pertinent Information

### Location

This year's conference will be held at **Fram / Wilson Farm**, approximately 2 hours drive northwest of Toronto (see map on reverse). The farm entrance is the second driveway on the right (north) side of Concession 2 when coming from Highway #4.

For out-of-towners, we recommend arriving Friday, July 30th, as the conference starts early Saturday morning. If arriving at night in the dark, look for the green and white fire sign #345351 at the entrance to the driveway.

### Meals

Lunch and dinner will be served at the Fram / Wilson Farm as per price list, or you may bring your own.

### Camping and Accommodations:

If you are camping at the farm we suggest you bring lawn chairs, cooler, extra beverages, lanterns, tents, and food for breakfast.

### Weather:

Usually warm to hot days and cool nights. Dress is casual. There are swimming facilities nearby, so bring bathing attire.

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## ICR Membership

*To become a voting member of ICR include \$25.00 with your conference registration and meals fee.*

## Accommodations Available in the Area:

*Note: Due to other events within the local area we **strongly** suggest you book your accommodations right away. If you should have difficulty please let us know.*

### Tahitian Noni Place Bed & Breakfast

Flesherton: (519) 924-0129 ; (800) 961-0371  
(10 Minutes)

### Knight's Inn (No rooms available July 31)

Flesherton: (519) 924-3300  
(10 minutes)

### Toad Hall Bed & Breakfast

Markdale: (519) 270-0076  
Very Scenic (20 minutes)

### Acres of Sunflowers B&B and Chalet

Proton Station: (519) 924-2756  
e-mail: [marmar@auracom.com](mailto:marmar@auracom.com)  
(15 Minutes)

### Munshaw Village Inn

Flesherton: (519) 924-2282  
e-mail: [munshaws@bmts.com](mailto:munshaws@bmts.com)

### Holly Hills Manor

Markdale: (519) 986-4777  
(10 minutes) [hollyhillsmanor@hotmail.com](mailto:hollyhillsmanor@hotmail.com)

*For these and other B & B's contact:*

[www.bbcanada.com](http://www.bbcanada.com) Click on Ontario, then Lakelands then down to the towns nearby us: Durham, Kimberley, Markdale, Flesherton.

*The Internet may also be used to locate motels in these areas.*

## Institute for Consciousness Research

*Invites you to their*

## **25th Annual Spiritual Conference**

*to be held at the*

**Fram/Wilson Farm**

**RR # 5 Flesherton, Ontario  
July 31st - August 1st, 2010**

## Integrating Spiritual Practice in a Modern World

*"Humanity has to reach the precious estate of Higher Consciousness intact and whole, not mutilated, not withered, not starved, not sleepless, not demented, not devoid of love or of the instincts of self-preservation and survival which Nature has wisely implanted in us."*

Gopi Krishna (*Living With Kundalini*)

For more information:

1-(800)-986-1857 (until 9:30 pm EDT)

Website: [www.icrcanada.org/events.html](http://www.icrcanada.org/events.html)

email: [findpond@cablerocket.com](mailto:findpond@cablerocket.com)

**SATURDAY**  
**July 31st, 2010**

Breakfast not available. Please plan accordingly

**Morning Session Chairperson:**  
**Dale Pond**

9:00 - 9:45 \* Welcome / Announcements /  
Meditation/Introduction

9:45 -10:30 \* **Lifestyle: Why We Should  
Care.**  
Paul Pond

10:30-10:45 BREAK

10:45-12:00 \* **The Process of Awakening**  
Eileen Holland

12:00-2:30 **LUNCH/RECREATION**  
(Served at Fram / Wilson Farm)

1:15 - 2:15 \* **ICR - Annual General Meeting**

**Afternoon Session Chairperson:**  
**Eileen Holland**

2:30 - 3:45 \* **The Goal and Prize of Life**  
George Tompkins

3:45 - 4:00 BREAK

4:00 - 5:15 \* **Spiritual Activism and Kundalini**  
Michael Molina

5:30 - 6:15 **DINNER**  
(Served at Fram / Wilson Farm)

7:00 \* Casual Sharing at the Pond's  
Residence

**SUNDAY**

**AUGUST 1st, 2010**

Breakfast not available. Please plan accordingly

**Morning Session Chairperson:**  
**Sabine Bruestle**

9:00 - 9:15 Welcome/Meditation

9:15 -10:15 \* **Creative Inspiration: Get More  
Inspired; be more inspiring!**  
Teri Degler

10:15-10:30 BREAK

10:30-11:15 \* **The Goal of a Spiritual Practice**  
Michael Bradford

11:15-12:00 \* **Living Life with Love in Mind**  
Dale Pond

12:00 - 2:30 **LUNCH/RECREATION**  
(Served at Fram / Wilson Farm)

**Afternoon Session Chairperson:**  
**Ted Wood**

2:30 - 3:45 \* **Human Movement Potential**  
Julia Ray

3:45 - 4:00 BREAK

4:00 - 5:00 \* **ICR: A 25 Year Journey**  
**Group Sharing**  
Facilitator: Vitold Kreutzer

5:00 - 5:30 **Conference Closing**

5:45 **DINNER**  
(Served at Fram / Wilson Farm)

**Conference Registration**

The conference fee is \$25.00 each per day or \$45.00 each for the weekend. The cost of meals is additional as follows:

Lunch \$11.50 Dinner \$13.00

Note: In order to guarantee your meals you **must** be paid by July 24th, 2010.

If you are planning to attend please circle meals and mail a cheque payable to ICR (Institute for Consciousness Research), to RR #4 Markdale, ON, Canada NOC 1H0, or **register and pay online** at [www.icrcanada.org/events.html](http://www.icrcanada.org/events.html) by July 24th, 2010.

Saturday: L D Sunday: L D

# Person/s \_\_\_\_

**CONFERENCE LOCATION:**

Approx. 2 hours drive north of Toronto

