

# To Encourage Kundalini Research

ICR has established an Honorarium Fund to encourage and support those researchers and authors who write and submit articles to ICR that further the Institute's research.

The Institutes' research proposal is presented in the "Memorandum for Kundalini Research" and follows the Kundalini hypothesis as first set out by Gopi Krishna:

Within a framework of remarkably similar characteristics, the mystic, the genius, the psychic, and some of the mentally ill exhibit extraordinary states of consciousness. We propose to investigate whether one psycho-physiological process (Kundalini) is responsible for all these phenomena.

The following abstract briefly summarizes the proposed research:

*Research has been proposed to investigate the hypothesis that there is a specific psycho-physiological mechanism-referred to as Kundalini in esoteric scriptures-in human beings. The Kundalini hypothesis suggests that human evolution has proceeded by the action of this mechanism in the human body and brain. Traditionally, Kundalini is held to be responsible for creativity, inspiration, genius, mystical experience, psychic phenomena and, in its morbid form, certain classes of mental illness. The proposed research would involve the collection, analysis, and documentation of both psychological and biological data relative to the common characteristics which appear to be the result of an awakened Kundalini. We believe that these objectives can be accomplished via the following avenues of investigation:*

- 1) Literary research into the lives and writings of great mystics and geniuses and the written and oral teachings of ancient esoteric traditions.
- 2) The acquisition of statistical data from persons experiencing the symptoms of a Kundalini awakening.
- 3) The validation of the Kundalini hypothesis through a successful "awakening" in selected subjects within a scientifically monitored environment.

Qualifying authors will be acknowledged each August at ICR's Annual General Meeting. The amount of the Honorarium will come from the interest earned on the endowing funds. However, not less than \$400 will be available annually for the Honorarium.

To be considered, the completed article must be a minimum of 4,000 words in length, and submitted to the Article Review Committee by May 1st. For interested authors, an outline and abstract of your proposed article should be submitted to Paul Pond, Ph.D., Director of Research and head of the Article Review Committee at ICR.

We look forward to receiving contributions that will further the advancement of knowledge of the Kundalini phenomenon.

For those of you who are not inclined to write an article but would like to contribute to the Research effort, donations to the Honorarium Fund are welcome. For more information, contact Dale Pond at (519)-986-1857 (before 9:30pm EST)